

Counseling & Psychotherapy Streaming Video Collection

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Autistic Spectrum Disorders					
Music Therapy for Children with Autism	Tutorial	SAGE	2015	Exclusive	00:18:20
Autism Spectrum Disorder	Tutorial	SAGE	2015	Exclusive	00:08:55
Career Counseling					
Resilience	Definition	SAGE	2015	Exclusive	00:01:34
CBT Career Counseling	Definition	SAGE	2015	Exclusive	00:01:34
Impartiality	Definition	SAGE	2015	Exclusive	00:02:00
Client Centeredness	Definition	SAGE	2015	Exclusive	00:02:49
Hazel Reid, Career Counseling	Interview	SAGE	2015	Exclusive	00:44:44
Steve Sheward, Career Counseling	Interview	SAGE	2015	Exclusive	00:20:20
Dancing with Disappointment: Navigating Family and Fatherhood	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Dancing with Disappointment: The Intersections of Social Class, Family, and Community	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Dancing with Disappointment: Societal Expectations and One Woman's Journey	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Children & Young People					
Parent & Infant Psychotherapy	Practice	SAGE	2015	Exclusive	00:12:31
Solution Focused Narrative Therapy with an Adolescent: Finding Meaning and Strength in the Client's Story	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Counseling in Education					
School Counseling in Action	Practice	SAGE	2015	Exclusive	00:12:32
School Counseling	Practice	SAGE	2015	Exclusive	00:10:36
Educational Counseling Using Animals	Practice	SAGE	2015	Exclusive	00:09:13
Andrew Reeves Discusses Counseling in Education	Interview	SAGE	2015	Exclusive	00:44:22
Counseling in the Workplace					
Counseling in the Workplace	Tutorial	SAGE	2015	Exclusive	00:12:07
Counseling Setting/Client Groups (General)					
Case Study (Becoming a Skilled Counselor - 12)	Tutorial	SAGE	2013	Non-Exclusive	00:13:14
Psychosomatic Illnesses	Definition	SAGE	2015	Non-Exclusive	00:05:00
Depression, Anxiety & Stress					
Vocal Psychotherapy for Depression, Anxiety & Stress	Practice	SAGE	2015	Exclusive	00:11:51
Social Causation & Mental Illness	Definition	SAGE	2015	Exclusive	00:09:52
Robert Elliot Discusses Anxiety	Interview	SAGE	2015	Exclusive	00:35:31
Dorothy Rowe in Conversation	Documentary	University of South Wales	2005	Non-Exclusive	01:08:00
Using the Motivational Interviewing Spirit and Principles While Working with Ethnic Identity and Acculturation Issues	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Eating Disorders Counseling					
Thought for Food	Documentary	University of South	2012	Non-Exclusive	03:08:00

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		Wales			
Eating Disorder Movement Therapy	Practice	SAGE	2015	Exclusive	00:14:53
Treating Eating Disorders	Practice	SAGE	2015	Exclusive	00:19:06
Bulimia Nervosa	Definition	SAGE	2015	Exclusive	00:01:14
Binge Eating Disorder	Definition	SAGE	2015	Exclusive	00:00:50
Anorexia Nervosa	Definition	SAGE	2015	Exclusive	00:01:04
Sara Gilbert, Eating Disorders	Interview	SAGE	2015	Exclusive	00:23:50
Gender/Sexuality					
Social Comparison Theory and Gender Identity	Definition	SAGE	2015	Exclusive	00:10:37
Counseling Men	Tutorial	SAGE	2015	Exclusive	00:13:48
Counseling Men	Practice	SAGE	2015	Exclusive	00:11:41
Equanimity	Definition	SAGE	2015	Exclusive	00:01:01
Reaffirmative Therapy	Definition	SAGE	2015	Exclusive	00:02:01
Gender and sexuality	Tutorial	SAGE	2015	Exclusive	00:15:22
Gender strain	Definition	SAGE	2015	Exclusive	00:01:02
Gender Roles	Definition	SAGE	2015	Exclusive	00:01:03
Heterosexism	Definition	SAGE	2015	Exclusive	00:00:56
Sexual Orientation	Definition	SAGE	2015	Exclusive	00:00:49
Homonegativity	Definition	SAGE	2015	Exclusive	00:01:01
A Gay Affirmative and Multicultural Approach to Therapy: Honoring and Re-imagining Identity	Documentary	Urquhart Publishing Group	2015	Exclusive	00:47:00
Systemic Sex Therapy with a Heterosexual Couple: Enhancing Connection and Communication	Documentary	Urquhart Publishing Group	2015	Exclusive	00:51:00
Grief & Bereavement Counseling					
Death and Bereavement Counseling	Practice	SAGE	2015	Exclusive	00:12:15
Range of Response to Loss Model	Definition	SAGE	2015	Exclusive	00:01:44
Invisible Grief	Definition	SAGE	2015	Exclusive	00:01:12
Adult Attitude to Grief Model	Definition	SAGE	2015	Exclusive	00:01:30
Linda Machin, Grief & Bereavement Counseling	Interview	SAGE	2015	Exclusive	00:35:25
Death and Bereavement Counseling	Practice	SAGE	2015	Exclusive	00:11:32
Grief and Bereavement Counseling	Tutorial	SAGE	2015	Exclusive	00:07:11
Grief	Definition	SAGE	2015	Exclusive	00:01:31
Pathologizing Grief	Definition	SAGE	2015	Exclusive	00:01:03
Bereavement and Loss Counselling	Documentary	Counselling Channel Limited	2012	Non-Exclusive	02:33:30
When Someone Dies	Documentary	Counselling Channel Limited	2009	Non-Exclusive	01:31:23
Person Centered Grief Counseling, Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:21:00
Person Centered Grief Counseling, Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:24:00
Health (Primary Care Counseling)					
Mental Hygiene	Definition	SAGE	2015	Non-Exclusive	00:05:00
Health Play	Practice	SAGE	2015	Exclusive	00:10:09
Counselors in HIV Care	Practice	SAGE	2015	Exclusive	00:13:04
Older People					
Counseling the Aging	Practice	SAGE	2015	Exclusive	00:11:16
Counseling Older People	Tutorial	SAGE	2015	Exclusive	00:10:00
Counseling Service Management	Practice	SAGE	2015	Exclusive	00:10:00
Counseling Assessment for Patients Over 50	Practice	SAGE	2015	Exclusive	00:17:15

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Making Memories	Documentary	University of South Wales	2008	Non-Exclusive	00:50:00
Online & Telephone Counseling					
Online and Telephone Counseling	Tutorial	SAGE	2015	Exclusive	00:08:43
Online Counseling	Practice	SAGE	2015	Exclusive	00:14:49
Holding the Line	Documentary	University of South Wales	2003	Non-Exclusive	01:12:00
Online Therapy	Documentary	University of South Wales	2004	Non-Exclusive	01:03:00
Relationship Counseling					
Relationship Counseling	Practice	SAGE	2015	Exclusive	00:11:37
Relationship Counselling	Tutorial	SAGE	2015	Exclusive	00:11:46
Solution Focused Narrative Therapy with a Mother and Daughter: Resolving Conflict and Finding Connection	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Narrative Practice with Couples 1: Escape from Debate Tes and William Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Narrative Practice with Couples 2: Escape from Debate Tes and William Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Narrative Practice with Couples 3: Escape from Debate Brian and Kiel Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
Narrative Practice with Couples 4: Escape from Debate Brian and Kiel Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:20:00
School Counseling					
In Conversation with Dr. Anne Geroski on School Counseling	Interview	SAGE	2015	Exclusive	00:24:57
Self-Injury & Suicide Risk					
Self-Injury Group Therapy	Practice	SAGE	2015	Exclusive	00:12:18
Non-Suicidal Self-Injury (NSSI)	Tutorial	SAGE	2015	Exclusive	00:10:49
Substance Abuse & Addiction Counseling					
Risk Factors for Addiction	Definition	SAGE	2015	Exclusive	00:10:36
Substance Abuse and Addiction Counseling	Practice	SAGE	2015	Exclusive	00:12:17
Problem Drinking	Definition	SAGE	2015	Exclusive	00:00:41
Using Role Play to Treat Addiction & Mental Health Issues	Practice	SAGE	2015	Exclusive	00:16:08
Treatment of Addictions: The ACQS Model	Definition	SAGE	2015	Exclusive	00:15:03
In Conversation with Dr. David R. Hutchinson on Addiction Counseling and Counselor Education	Interview	SAGE	2015	Exclusive	00:28:12
Digital Addiction	Practice	SAGE	2015	Exclusive	00:11:56
Addictions Counselling	Documentary	Counselling Channel Limited	2013	Non-Exclusive	02:30:44
Integrated Co-Occurring Disorders Treatment using a Motivational Interviewing Approach: Alcohol Dependence and Depression	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Trauma, Violence & Abuse					
Rape Trauma Syndrome	Definition	SAGE	2015	Exclusive	00:09:08
Creative Arts Therapy	Definition	SAGE	2015	Exclusive	00:10:27
Diagnosing Post Traumatic Stress Disorder	Tutorial	SAGE	2015	Exclusive	00:12:39

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Post Traumatic Stress Disorder: Treatment and Prevention	Tutorial	SAGE	2015	Exclusive	00:16:08
Trauma Counseling: Case study	Practice	SAGE	2015	Exclusive	00:11:06
Trauma Counseling	Practice	SAGE	2015	Exclusive	00:13:19
Trauma Intervention and Treatment	Tutorial	SAGE	2015	Exclusive	00:11:52
Music Therapy for Personality Disorder	Tutorial	SAGE	2015	Exclusive	00:17:39
Treating PTSD with Virtual Reality	Practice	SAGE	2015	Exclusive	00:17:03
Michael Scott, Traumatic Stress	Interview	SAGE	2015	Exclusive	00:31:56
Post-Traumatic Stress Disorder	Definition	SAGE	2015	Exclusive	00:01:59
Trauma Models of Psychopathology	Definition	SAGE	2015	Exclusive	00:01:02
Treating Male Survivors of Sexual Abuse	Practice	SAGE	2015	Exclusive	00:11:01
Counseling Skills					Return to top
Active Listening					
An Empathetic Stance	Tutorial	SAGE	2015	Exclusive	00:10:19
Active Listening	Practice	SAGE	2015	Exclusive	00:10:55
Introducing Listening and Counselling Skills	Documentary	Counselling Channel Limited	2008	Non-Exclusive	00:45:31
Listening and Counselling Skills: A How Not To Guide	Documentary	Counselling Channel Limited	2008	Non-Exclusive	00:50:43
Assessment					
Informed Consent	Definition	SAGE	2015	Exclusive	00:00:44
Case Formulation					
Case Formulation	Tutorial	SAGE	2015	Exclusive	00:06:03
Goals of Case Formulation	Definition	SAGE	2015	Exclusive	00:00:35
Challenging Clients					
Challenging Clients	Practice	SAGE	2015	Exclusive	00:16:58
Counseling Skills (General)					
The Counseling Relationship (Becoming a Skilled Counselor - 2)	Interview	SAGE	2013	Non-Exclusive	00:01:35
Empathy (Becoming a Skilled Counselor - 3)	Interview	SAGE	2013	Non-Exclusive	00:01:55
Probing the Client's Issues (Becoming a Skilled Counselor - 4)	Interview	SAGE	2013	Non-Exclusive	00:01:55
Goal setting (Becoming a Skilled Counselor - 5)	Interview	SAGE	2013	Non-Exclusive	00:04:41
Goal setting with Dr Lynn Zubernis (Becoming a Skilled Counselor - 6)	Practice	SAGE	2013	Non-Exclusive	00:02:15
Moving from "what is" to "what is desired" (Becoming a Skilled Counselor - 7)	Interview	SAGE	2013	Non-Exclusive	00:01:31
Anticipating and Preparing for Setbacks	Practice	SAGE	2013	Non-Exclusive	00:06:59
Soliciting a Witness to Therapeutic Gains	Practice	SAGE	2013	Non-Exclusive	00:06:04
Embracing Complexity in the Client' Story	Practice	SAGE	2013	Non-Exclusive	00:09:47
Characterizing an Exception and Identifying a Second Instance	Practice	SAGE	2013	Non-Exclusive	00:09:06
Thickening the Account of a Preferred Development · Exception	Practice	SAGE	2013	Non-Exclusive	00:11:06
Identifying a Preferred Development	Practice	SAGE	2013	Non-Exclusive	00:02:13
Story Migration	Practice	SAGE	2013	Non-Exclusive	00:10:00
Recounting	Practice	SAGE	2013	Non-Exclusive	00:02:45
Presenting a Problem-saturated Story	Practice	SAGE	2013	Non-	00:10:00

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				Exclusive	
Introducing a Client to Embodied Attention	Practice	SAGE	2013	Non-Exclusive	00:05:04
Revising the Relationship with a Problem	Practice	SAGE	2013	Non-Exclusive	00:03:36
Inviting Presence to Embodied Experience	Practice	SAGE	2013	Non-Exclusive	00:07:14
Introducing an Alternate Relationship with a Problem	Practice	SAGE	2013	Non-Exclusive	00:04:07
Identifying Exceptions to Emotions	Practice	SAGE	2013	Non-Exclusive	00:06:03
Directing Attention to an Embodied Emotion	Practice	SAGE	2013	Non-Exclusive	00:06:18
Loosening the Grip of Unhelpful Cognitions	Practice	SAGE	2013	Non-Exclusive	00:09:20
Disputing Unhelpful Cognitions and Generating Alternatives	Practice	SAGE	2013	Non-Exclusive	00:12:11
Identifying Exceptions to Unhelpful Cognitions	Practice	SAGE	2013	Non-Exclusive	00:09:01
Investigating the ABC Sequence	Practice	SAGE	2013	Non-Exclusive	00:09:05
Exploring and Disputing Unhelpful Self-talk	Practice	SAGE	2013	Non-Exclusive	00:14:44
Planning Homework	Practice	SAGE	2013	Non-Exclusive	00:02:40
Sustaining Changes Between Sessions	Practice	SAGE	2013	Non-Exclusive	00:10:00
Inquiring About Exceptions	Practice	SAGE	2013	Non-Exclusive	00:02:13
Scaffolding Questions	Practice	SAGE	2013	Non-Exclusive	00:05:26
Inviting a Client to Evaluate a Suggestion	Practice	SAGE	2013	Non-Exclusive	00:00:55
Consulting the Client's Expertise in Addressing a Challenge	Practice	SAGE	2013	Non-Exclusive	00:07:40
Resistance As Nonverbal Cooperation	Practice	SAGE	2013	Non-Exclusive	00:00:35
Offering Advice Responsively	Practice	SAGE	2013	Non-Exclusive	00:01:53
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Evoking Thick Description of Preferred Developments with a Stylized Question	Practice	SAGE	2013	Non-Exclusive	00:07:21
Using Scaling to Gauge Progress Through the Week	Practice	SAGE	2013	Non-Exclusive	00:02:21
Slowing the Image Down	Practice	SAGE	2013	Non-Exclusive	00:10:00
Working with Scaling Questions	Practice	SAGE	2013	Non-Exclusive	00:03:58
Orienting to Responses	Practice	SAGE	2013	Non-Exclusive	00:06:59
Orienting to Victimhood	Practice	SAGE	2013	Non-Exclusive	00:06:21
Co-constructing Skills and Abilities	Practice	SAGE	2013	Non-Exclusive	00:05:04
Problem Definition and Assessment for Suicidality	Practice	SAGE	2013	Non-Exclusive	00:04:18
Co-assessing Risk	Practice	SAGE	2013	Non-Exclusive	00:09:52
Assessing an Externalized Problem	Practice	SAGE	2013	Non-Exclusive	00:05:39
Connecting a Preferred Development with	Practice	SAGE	2013	Non-	00:07:54

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Personal History				Exclusive	
Expanding a Client's Account Through Summarizing	Practice	SAGE	2013	Non-Exclusive	00:01:25
Sharing an Idea I	Practice	SAGE	2013	Non-Exclusive	00:01:13
Recapping at the Start of a Session	Practice	SAGE	2013	Non-Exclusive	00:01:05
Summarizing a Session	Practice	SAGE	2013	Non-Exclusive	00:02:03
Recapping	Practice	SAGE	2013	Non-Exclusive	00:00:46
Sharing a Hunch in a Non-tentative Manner	Practice	SAGE	2013	Non-Exclusive	00:01:34
Sharing a Hunch Tentatively	Practice	SAGE	2013	Non-Exclusive	00:03:46
Relating As an Ally II	Practice	SAGE	2013	Non-Exclusive	00:08:04
Relating As an Ally	Practice	SAGE	2013	Non-Exclusive	00:21:39
Self Disclosure	Practice	SAGE	2013	Non-Exclusive	00:02:25
Transparency and Relationship	Practice	SAGE	2013	Non-Exclusive	00:02:16
Frank's Monologue	Practice	SAGE	2013	Non-Exclusive	00:04:05
A Deconstructive Conversation About Gender	Practice	SAGE	2013	Non-Exclusive	00:13:56
Reading Non-verbals and Checking with the Client	Practice	SAGE	2013	Non-Exclusive	00:01:10
David's New Job #2	Practice	SAGE	2013	Non-Exclusive	00:01:04
David's New Job #1	Practice	SAGE	2013	Non-Exclusive	00:01:10
Attending II	Practice	SAGE	2013	Non-Exclusive	00:05:24
Attending I	Practice	SAGE	2013	Non-Exclusive	00:01:40
Recapping to Confirm a Shared Direction	Practice	SAGE	2013	Non-Exclusive	00:03:13
Coordinating Meaning	Practice	SAGE	2013	Non-Exclusive	00:04:33
Receiving and Attending	Practice	SAGE	2013	Non-Exclusive	00:06:26
Clarifying and Probing Questions	Practice	SAGE	2013	Non-Exclusive	00:04:48
The Evolution of Meaning	Practice	SAGE	2013	Non-Exclusive	00:06:59
Conveying Empathy	Practice	SAGE	2013	Non-Exclusive	00:01:58
Using Metaphor to Describe Experience	Practice	SAGE	2013	Non-Exclusive	00:05:54
Cheerleading for Frank	Practice	SAGE	2013	Non-Exclusive	00:01:08
Problem Definition II	Practice	SAGE	2013	Non-Exclusive	00:01:06
An Emerging Problem Description	Practice	SAGE	2013	Non-Exclusive	00:06:24
Externalizing While Exploring the Challenge of Straddling Two Cultures	Practice	SAGE	2013	Non-Exclusive	00:12:15
Problem Definition and Multiplicity	Practice	SAGE	2013	Non-Exclusive	00:04:55
Describing a Preferred Outcome	Practice	SAGE	2013	Non-	00:04:55

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				Exclusive	
Ineffective Co-constructing Language for the Problem	Practice	SAGE	2013	Non-Exclusive	00:01:00
Effective Co-constructing Language for the Problem	Practice	SAGE	2013	Non-Exclusive	00:01:13
Externalizing: Separating Person and Problem	Practice	SAGE	2013	Non-Exclusive	00:01:33
Co-generating Words for Experience	Practice	SAGE	2013	Non-Exclusive	00:04:55
Exploring Incongruent Nonverbals	Practice	SAGE	2013	Non-Exclusive	00:01:15
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Psychotherapy	Definition	SAGE	2015	Exclusive	00:00:43
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Bringing Things Into the Here and Now	Tutorial	SAGE	2015	Exclusive	00:08:20
Expressing Warmth and Care	Tutorial	SAGE	2015	Exclusive	00:09:25
Minimal Encouragers	Tutorial	SAGE	2015	Exclusive	00:04:50
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EARS	Definition	SAGE	2015	Exclusive	00:02:52
Effective Regulation	Definition	SAGE	2015	Exclusive	00:01:19
Effective Dis-Regulation	Definition	SAGE	2015	Exclusive	00:01:28
Gerard Egan in Conversation	Documentary	University of South Wales	2004	Non-Exclusive	00:43:00
Dealing with Ruptures in the Therapeutic Relationship					
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Therapeutic Alliance Ruptures	Practice	SAGE	2015	Exclusive	00:26:12
Ending the Therapeutic Relationship					
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Ending Therapy	Documentary	Counselling Channel Limited	2009	Non-Exclusive	00:50:44
Enhancing the Client's Self-Helping Skills					
Helping Clients Understand Their Thinking	Tutorial	SAGE	2015	Exclusive	00:05:17
Theory in Action: Motivational Interviewing	Raw/Observational Footage	SAGE	2015	Exclusive	00:13:49
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Creative Leadership	Tutorial	SAGE	2015	Exclusive	00:11:34
Creative Problem Solving	Definition	SAGE	2015	Exclusive	00:01:14
Creative Leadership	Definition	SAGE	2015	Exclusive	00:01:02
NLP Goal Setting	Tutorial	SAGE	2015	Exclusive	00:10:51
Establishing Goals	Tutorial	SAGE	2015	Exclusive	00:09:45

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Asking Open Ended Questions	Tutorial	SAGE	2015	Exclusive	00:08:23
Opening Statements					
Tyler's First Session	Raw/ Observational Footage	SAGE	2015	Exclusive	00:14:46
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Compassion	Definition	SAGE	2015	Exclusive	00:01:18
Empathy	Definition	SAGE	2015	Exclusive	00:00:36
Bernard's Discrimination Model	Definition	SAGE	2015	Exclusive	00:06:42
Clinical Supervision	Definition	SAGE	2015	Exclusive	00:01:24
Multiple Relationships	Definition	SAGE	2015	Exclusive	00:00:57
Friending	Definition	SAGE	2015	Exclusive	00:00:38
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Experiencing Counselling	Documentary	Counselling Channel Limited	2009	Non- Exclusive	01:02:39
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Counseling Ethics & the Law					
Status Update	Definition	SAGE	2015	Exclusive	00:00:38
Ethics	Definition	SAGE	2015	Exclusive	00:00:32
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Tim Bond in Conversation	Documentary	University of South Wales	2006	Non- Exclusive	01:01:00
Counselling, Confidentiality and the Law	Documentary	University of South Wales	2012	Non- Exclusive	02:33:00
Counseling Supervision					
Rodney Goodyear Discusses Counseling Supervision	Interview	SAGE	2015	Exclusive	00:35:17
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Counseling Supervision 2	Practice	SAGE	2015	Exclusive	00:09:16
Counseling and Supervision	Tutorial	SAGE	2015	Exclusive	00:07:48
Live Supervision	Practice	SAGE	2015	Exclusive	00:06:50
Creative Group Supervision	Documentary	University of South Wales	2007	Non- Exclusive	02:40:00
Making the Most of Supervision	Documentary	University of South Wales	2012	Non- Exclusive	01:54:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Counseling Training					
Training Counselors	Practice	SAGE	2015	Exclusive	00:10:50
Training Essentials	Documentary	University of South Wales	2005	Non-Exclusive	01:20:00
Francesca Inskipp and Brigid Proctor in Conversation	Documentary	University of South Wales	2005	Non-Exclusive	01:17:00
Are you in Zenkor?	Documentary	University of South Wales	2002	Non-Exclusive	01:09:00
Evidence-Based Practice					
Evidence Based Practice	Tutorial	SAGE	2015	Exclusive	00:10:56
Evidence Based in Practice	Definition	SAGE	2015	Exclusive	00:01:23
Counselling and the Medical Model	Documentary	Counselling Channel Limited	2013	Non-Exclusive	00:38:25
Multi-Cultural Counseling					
Multicultural Counseling	Practice	SAGE	2015	Exclusive	00:10:30
Transcultural Counseling	Practice	SAGE	2015	Exclusive	00:14:14
Professional Issues (General)					
Counselor Competence (Becoming a Skilled Counselor - 9)	Interview	SAGE	2013	Non-Exclusive	00:13:33
Faculty Burnout (Becoming a Skilled Counselor - 10)	Tutorial	SAGE	2013	Non-Exclusive	00:11:10
Professional Identity (Becoming a Skilled Counselor - 11)	Tutorial	SAGE	2013	Non-Exclusive	00:09:41
Limits to Confidentiality	Practice	SAGE	2013	Non-Exclusive	00:02:02
Straddling Cultures	Practice	SAGE	2013	Non-Exclusive	00:18:48
Exploring Cultural Meaning	Practice	SAGE	2013	Non-Exclusive	00:02:19
Acknowledging Cultural Differences	Practice	SAGE	2013	Non-Exclusive	00:02:16
Reflective Practice					
Reflective Practice	Practice	SAGE	2015	Exclusive	00:12:32
Parallel Process	Definition	SAGE	2015	Exclusive	00:03:47
Capacity for Self-Awareness	Definition	SAGE	2015	Exclusive	00:01:11
Reflecting, Paraphrasing, Summarizing	Tutorial	SAGE	2015	Exclusive	00:07:05
Good Practice/Bad Practice	Documentary	University of South Wales	2004	Non-Exclusive	00:48:00
Therapeutic Relationship & Process					
The Need to Belong	Documentary	Counselling Channel Limited	2009	Non-Exclusive	00:28:19
John McLeod Discusses Evidence Based Practice/Counseling and Psychotherapy Research	Interview	SAGE	2015	Exclusive	00:44:05
Counter Transference	Interview	SAGE	2015	Exclusive	00:00:49
A Confidential Space	Documentary	University of South Wales	2011	Non-Exclusive	01:24:00
Talking About Counseling	Documentary	University of South Wales	2006	Non-Exclusive	01:22:00
The Client, the Counsellor and the Unsuitable Friend	Documentary	University of South	2001	Non-Exclusive	01:15:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
		Wales			
Research Methods for Counseling & Psychotherapy					Return to top
Evaluating Outcomes					
Evaluating Outcomes	Tutorial	SAGE	2015	Exclusive	00:07:05
Ego Psychology	Definition	SAGE	2015	Exclusive	00:06:34
Practical & Ethical Issues					
Fidelity	Definition	SAGE	2015	Exclusive	00:02:15
Qualitative Methods in Counseling & Psychotherapy					
Consensual Qualitative Research	Tutorial	SAGE	2015	Exclusive	00:09:30
A Judge	Definition	SAGE	2015	Exclusive	00:00:27
Consensus	Definition	SAGE	2015	Exclusive	00:00:51
Consensual Qualitative Research	Definition	SAGE	2015	Exclusive	00:00:49
Consensual Qualitative Research: Domain	Definition	SAGE	2015	Exclusive	00:00:46
Consensual Qualitative Research: Core Ideas	Definition	SAGE	2015	Exclusive	00:00:48
Evidence	Definition	SAGE	2015	Exclusive	00:01:37
Research Methods for Counseling & Psychotherapy (General)					
Practice Accountability (Becoming a Skilled Counselor - 8)	Interview	SAGE	2013	Non-Exclusive	00:02:12
Social Class & Mental Illness	Definition	SAGE	2015	Non-Exclusive	00:11:01
Solution Focused Brief Therapy	Definition	SAGE	2015	Non-Exclusive	00:09:58
Rational Emotive Behavior Therapy	Definition	SAGE	2015	Non-Exclusive	00:06:38
Contemplative Psychotherapy and Breathwork	Definition	SAGE	2015	Non-Exclusive	00:04:56
Using Process & Outcome Measures in Counseling					
Evaluating the Outcomes of Counseling and Psychotherapy	Tutorial	SAGE	2015	Exclusive	00:07:15
Using Process and Outcome Measures in Counseling	Practice	SAGE	2015	Exclusive	00:13:56
Theory & Approaches					Return to top
Art Therapy					
Art Therapy	Definition	SAGE	2015	Exclusive	00:01:24
Art Therapy	Practice	SAGE	2015	Exclusive	00:12:17
Art Therapy	Tutorial	SAGE	2015	Exclusive	00:10:47
Cognitive/Behavior Therapy					
Hypnotherapy	Definition	SAGE	2015	Exclusive	00:13:27
Cognitive Behavioral Therapy	Definition	SAGE	2015	Exclusive	00:00:50
An Introduction to the Method of Levels	Definition	SAGE	2015	Exclusive	00:06:30
Cognitive Behavioral Therapy	Tutorial	SAGE	2015	Exclusive	00:12:12
CBH Group Therapy	Practice	SAGE	2015	Exclusive	00:09:38
CBT	Tutorial	SAGE	2015	Exclusive	00:13:16
Mick Cooper Discusses Pluralistic Counseling and Psychotherapy	Interview	SAGE	2015	Exclusive	00:42:55
Cognitive Behavioral Therapy	Practice	SAGE	2015	Exclusive	00:13:38
An Introduction to CBT (Frank Wills with Jan Gray)	Documentary	University of South Wales	2009	Non-Exclusive	01:46:00
CBT for Depression – Behavioural Activation	Documentary	University	2010	Non-	01:46:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
and Cognitive Change		of South Wales		Exclusive	
CBT Skills in Practice	Documentary	University of South Wales	2007	Non-Exclusive	01:40:00
Dance Therapy					
Dance Movement Therapy for Suicide Prevention	Tutorial	SAGE	2015	Exclusive	00:09:42
Dance Movement Therapy: Suicide Prevention Workshop	Practice	SAGE	2015	Exclusive	00:13:40
Dance & Movement Therapy for Brain Injury Rehabilitation	Practice	SAGE	2015	Exclusive	00:11:51
Dance and Movement Therapy	Practice	SAGE	2015	Exclusive	00:15:17
Drama Therapy	Practice	SAGE	2015	Exclusive	00:15:45
Psychodrama	Practice	SAGE	2015	Exclusive	00:25:24
Existential Counseling					
Jerrold Lee Shapiro Discusses Existential Psychotherapy	Interview	SAGE	2015	Exclusive	00:22:17
Existential Counseling	Tutorial	SAGE	2015	Exclusive	00:13:24
Family Therapy					
Family Therapy	Practice	SAGE	2015	Exclusive	00:14:40
Gestalt Therapy					
Gestalt Therapy	Tutorial	SAGE	2015	Exclusive	00:07:42
Gestalt Therapy	Practice	SAGE	2015	Exclusive	00:14:32
Gestalt Therapy	Definition	SAGE	2015	Exclusive	00:09:15
Group Therapy					
Group Therapy	Tutorial	SAGE	2015	Exclusive	00:13:36
Group Therapy	Practice	SAGE	2015	Exclusive	00:09:20
Integrative Counseling					
Transpersonal Therapy	Practice	SAGE	2015	Exclusive	00:10:45
Integrative Counseling	Practice	SAGE	2015	Exclusive	00:10:21
Unconditional Positive Regard	Definition	SAGE	2015	Exclusive	00:00:36
Polarities	Definition	SAGE	2015	Exclusive	00:00:39
The Whole is Other Than the Sum of the Parts	Definition	SAGE	2015	Exclusive	00:00:42
Unfinished Business	Definition	SAGE	2015	Exclusive	00:00:33
Locus of Evaluation	Definition	SAGE	2015	Exclusive	00:00:48
Conditions of Worth	Definition	SAGE	2015	Exclusive	00:00:34
Empathy	Definition	SAGE	2015	Exclusive	00:00:28
Congruence	Definition	SAGE	2015	Exclusive	00:00:30
Self Actualization	Definition	SAGE	2015	Exclusive	00:00:28
Field Theory	Definition	SAGE	2015	Exclusive	00:00:31
Mindfulness in Counseling & Psychotherapy					
Mindfulness	Definition	SAGE	2015	Exclusive	00:01:04
Mindfulness	Definition	SAGE	2015	Exclusive	00:00:27
Neuromechanics of Mindfulness	Definition	SAGE	2015	Exclusive	00:00:31
Neural Mechanisms and Mindfulness	Tutorial	SAGE	2015	Exclusive	00:05:52
Meg Barker, Mindfulness	Interview	SAGE	2015	Exclusive	00:23:00
Treating Addiction with Mindfulness	Tutorial	SAGE	2015	Exclusive	00:13:35
Background to Mindfulness	Tutorial	SAGE	2015	Exclusive	00:05:47
Mindfulness	Definition	SAGE	2015	Exclusive	00:00:32
Mindfulness in Counseling & Psychotherapy	Tutorial	SAGE	2015	Exclusive	00:10:20
Mindfulness in Schools	Tutorial	SAGE	2015	Exclusive	00:09:30
Mindfulness	Practice	SAGE	2015	Exclusive	00:09:21
Music Therapy					
Dance Movement Therapy	Definition	SAGE	2015	Exclusive	00:00:59

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Music Therapy: Family Approach	Practice	SAGE	2015	Exclusive	00:07:50
Music Therapy Family Approach: A Case Study	Practice	SAGE	2015	Exclusive	00:09:57
Vocal Psychotherapy	Practice	SAGE	2015	Exclusive	00:12:42
Music Therapy/Autistic Spectrum Disorder	Practice	SAGE	2015	Exclusive	00:15:36
Music Therapy	Practice	SAGE	2015	Exclusive	00:11:21
Person Centered Counseling					
Person-Centered Counseling	Practice	SAGE	2015	Exclusive	00:14:30
Ego Psychology	Definition	SAGE	2015	Exclusive	00:00:55
Peter Pearce Discusses Person-Centered Counseling	Interview	SAGE	2015	Exclusive	00:38:20
Person-Centered Therapy	Tutorial	SAGE	2015	Exclusive	00:06:45
Dave Mearns in Conversation	Documentary	University of South Wales	2004	Non-Exclusive	00:59:00
Personal Construct Counseling					
Object Relations Psychology	Definition	SAGE	2015	Exclusive	00:01:58
Psychoanalysis & Psychodynamic Counseling					
Orgonomy and the Work of Wilhelm Reich	Definition	SAGE	2015	Exclusive	00:22:53
The Alexander Technique	Definition	SAGE	2015	Exclusive	00:08:39
The Unified Theory	Definition	SAGE	2015	Exclusive	00:11:14
Energy Psychology	Definition	SAGE	2015	Exclusive	00:08:18
Frederick Redekop Discusses Psychodynamic Counseling	Interview	SAGE	2015	Exclusive	00:53:25
Eye Movement Desensitization & Reprocessing (EMDR)	Practice	SAGE	2015	Exclusive	00:11:37
Michael Jacobs in Conversation	Documentary	University of South Wales	2004	Non-Exclusive	01:19:00
Dream Therapy	Tutorial	SAGE	2015	Exclusive	00:15:49
Dream Model: Exploration, Insight, and Action	Definition	SAGE	2015	Exclusive	00:00:49
Dream Model: Waking Life Triggers	Definition	SAGE	2015	Exclusive	00:00:44
Psychodynamic Therapy	Definition	SAGE	2015	Exclusive	00:00:56
Relational-Cultural Theory	Video Case	SAGE	2015	Exclusive	00:09:12
Psychodrama					
Psychodrama	Tutorial	SAGE	2015	Exclusive	00:09:38
Rational-Emotive Counseling					
Unconditional Self Acceptance	Definition	SAGE	2015	Exclusive	00:02:00
Unconditional Life Acceptance	Definition	SAGE	2015	Exclusive	00:01:53
Windy Dryden, Rational Emotive Behavior Therapy	Interview	SAGE	2015	Exclusive	00:35:49
Solution-Focused Therapy					
Solution-Focused Therapy	Practice	SAGE	2015	Exclusive	00:09:50
Using Routine Outcome Measures	Tutorial	SAGE	2015	Exclusive	00:10:19
Miracle Question	Definition	SAGE	2015	Exclusive	00:04:49
Alistair MacDonald, Solution Focused Therapy	Interview	SAGE	2015	Exclusive	00:12:17
Theory & Approaches (General)					
Concentrative Movement Therapy	Definition	SAGE	2014	Exclusive	00:07:32
Outdoor Therapy	Practice	SAGE	2015	Exclusive	00:13:48
Phenomenological Therapy	Definition	SAGE	2015	Exclusive	00:14:00
Gender Aware Therapy	Definition	SAGE	2015	Exclusive	00:09:00
Process-Oriented Psychology	Definition	SAGE	2015	Exclusive	00:12:00
Therapeutic Touch	Definition	SAGE	2015	Exclusive	00:06:35
Focusing Oriented Therapy	Definition	SAGE	2015	Exclusive	00:10:36
Complete Counseling: From First to Last	Documentary	Urquhart	2015	Exclusive	01:15:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Session: Choice Theory and Reality Therapy. Session 1		Publishing Group			
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 3	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 4	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 5	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 3	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 4	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 5	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 2	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 3	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 4	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 5	Documentary	Urquhart Publishing Group	2015	Exclusive	01:15:00
Beyond the Binary: Therapeutic Conversations with Queer Youth	Documentary	Urquhart Publishing Group	2015	Exclusive	01:07:00
Therapeutic Conversations Beyond the Binary: Constructing Identities with Transgender Youth	Documentary	Urquhart Publishing Group	2015	Exclusive	01:07:00
Re-Membering Conversations: Creating Sustaining Counseling Conversations in the Face of Grief	Documentary	Urquhart Publishing Group	2015	Exclusive	01:13:00
Narrative Theory in the Face of Grief	Documentary	Urquhart Publishing Group	2015	Exclusive	00:10:00
The Challenges of Measuring Up Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	01:12:00
The Challenges of Measuring Up Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	00:55:00
Working with Sobriety and Life's Transitions:	Documentary	Urquhart	2015	Exclusive	00:55:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
A Narrative Therapy Approach		Publishing Group			
Psychosocial Adaptation	Definition	SAGE	2015	Exclusive	00:05:00
Theory in Action: Person-Centered (Non-Directive) Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:08:32
Introduction: Person-Centered (Non-Directive) Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:02:27
Theory in Action: Cognitive-Behavioral Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:13:57
Introduction: Cognitive-Behavioral Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:02:32
Theory in Action: Feminist Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:11:52
Introduction: Feminist Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:05:33
Theory in Action: Existential Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:13:19
Introduction: Existential Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:02:17
Theory in Action: Multicultural Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:15:40
Introduction: Multicultural Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:02:14
Theory in Action: Strengths-Based Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:10:37
Introduction: Strengths-Based Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:01:25
Introduction: Neuroscience Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:01:57
Theory in Action: Neuroscience Approach	Raw/Observational Footage	SAGE	2015	Exclusive	00:10:03
Tyler's Last Session	Raw/Observational Footage	SAGE	2015	Exclusive	00:04:19
Attachment Theory	Definition	SAGE	2015	Exclusive	00:07:40
Transactional Analysis Counseling View of Human Nature	Definition	SAGE	2015	Exclusive	00:01:18

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